The Affordable Care Act: Potential Implications for Individuals with Asthma

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- Basic Outline of Affordable Care Act
- National Asthma Control Program vs. Affordable Care Act: Where do NACP and ACA Programs Intersect?
- Unanswered Questions: ACA Implementation, Budgetary Challenges & Election Impact



Goals:

- Establish near-universal coverage: Essential Health Benefit Exchanges & Medicaid Expansion
- Improve fairness, quality and affordability of health insurance coverage
- Improve health care value and efficiency
- Strengthen primary care access
- •Make strategic investments in public's health (preventive care and community investments)

National Asthma Control Program vs. Affordable Care Act: Where do NACP and ACA Programs Intersect?



National Asthma Control Program

- (1) Surveillance
- (2) Communication & Education
- (3) Asthma Research Translation & Guidance
- (4) Disparities Assessments
- (5) Implementing Interventions to Reduce Burden of Asthma
- (6) Cultivating National/State/Local Partnerships

Affordable Care Act

- (1) Minimum essential coverage for uninsured (Exchanges & Medicaid Expansion)
- (2) Underwriting reforms
- (3) Delivery system reforms
- (4) Quality measurement
- (5) Workforce infrastructure improvements
- (6) Health IT
- (7) Focus on prevention & public health





Many of NACP's Focus Areas likely unaffected by ACA

NACP-Funded Efforts Where ACA Overlap Unlikely:

- Surveillance
- Patient & Provider Education Programs
- Community Outreach Training
- Environmental Management Programs
- Asthma Research Translation & Guidance
- Partnership Building



Many of NACP's Focus Areas likely unaffected by ACA

Much of what health reform is intended to do – increase coverage, enhance clinical services, insurance reforms etc. – are areas outside of NACP-funded initiatives

Per NACP State FOA:

- ■Recipients <u>may not</u> use funds for patient clinical care
- ■Recipients <u>may not</u> use funds for personal health services, medications, medical devices (such as spacers or peak flow meters), or other costs associated with the medical management of asthma
- Recipients <u>may not</u> use funds for asthma screenings



Where do NACP and ACA Programs Intersect?

Potential Program Overlap:

- Care Coordination & Comprehensive Asthma Management Programs
- Team-Based, Multidisciplinary Approaches to Asthma Care
- Community Prevention Strategies
- Quality Measurement
- Disparities Assessments



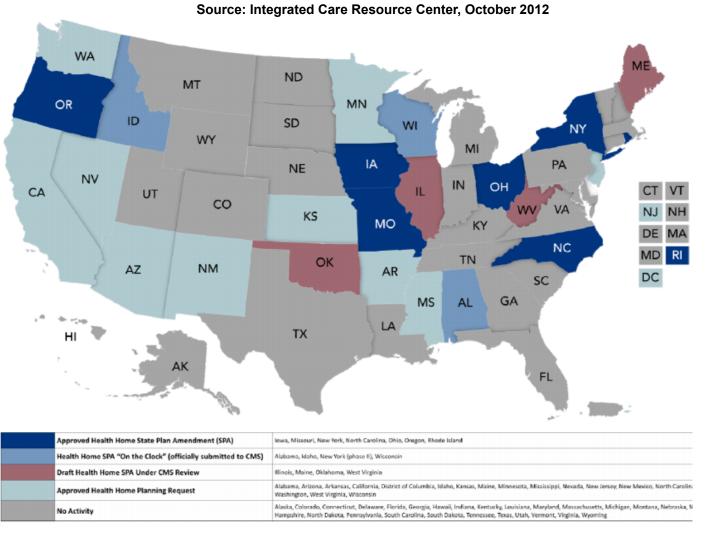
Where do NACP and ACA Programs Intersect?

NACP Program Focus:	ACA Provisions:
 Care Coordination & Comprehensive Asthma Management Programs Team-Based, Multidisciplinary Approaches to Asthma Care 	 ✓ Medicaid Health Homes ✓ Center for Medicare & Medicaid Innovation ✓ ACOs, bundling and other delivery system reforms
 Community Prevention Strategies 	 ✓ Community Transformation Grants ✓ Community Preventive Services Task Force ✓ Community Health Needs Assessment ✓ National Prevention Strategy
 Quality Measurement 	 ✓ National Quality Strategy ✓ Quality Measure Development ✓ Patient-Centered Outcomes Research
 Disparities Assessments 	✓ Health Disparities Data Collection

Medicaid Health Homes: Status

Health Home SPAs which include asthma:

- Missouri
- Rhode Island
- lowa
- New York
- North Carolina
- Oregon





Medicaid Health Homes: Implementation Questions

- Will more states adopt health homes for Medicaid beneficiaries with asthma? Do health homes include appropriate providers and services to address asthma patients' needs?
- How do health homes interact with and depend upon the infrastructure created by NACP-funded programs?
- If asthma is just one of many chronic illnesses targeted by a health home, how can NACP work to assure that health home providers have the skills and capacity to treat and manage asthma?
- How can existing NACP-funded programs partner with developing Medicaid health homes to bring these services to non-Medicaid populations?
- Will states sustain Medicaid health homes beyond the two years of enhanced match?
- Will Medicaid expansion populations have access to health homes?





Center for Medicare and Medicaid Innovation (CMMI)

- Health Care Innovation Awards
 - □ Optimizing Health Outcomes for Children with Asthma in Delaware
 - New England Asthma Innovations Collaborative
 - □ Le Bonheur's CHAMP Program: Changing High-risk Asthma in Memphis through Partnership
- State Innovation Models Initiative
- Medicaid Incentives Program for the Prevention of Chronic Diseases



CMMI: Implementation Questions

- How do CMMI-funded entities interact with and depend upon the infrastructure created by NACP-funded programs?
- How can existing NACP-funded programs partner with CMMIawardees to bring innovative asthma treatment and management models to additional communities?
- How can NACP support state/community asthma programs in applying for CMMI funding or otherwise promoting their innovative interventions?
- Will CMMI interventions targeting asthma show enough savings to be incorporated into Medicaid & Medicare?



- 2011: \$103 million to 61 state/local communities
- 2012: Small Communities Program \$70 million awarded to 40 small communities (fewer than 500,000 people)
- Measurable outcomes from CTG programs must align with the National Center for Chronic Disease Prevention and Health Promotion 5-year performance goals to:
 - □ Reduce death and disability due to **tobacco** use by 5%;
 - □ Reduce the rate of obesity through **nutrition and physical activity** interventions by 5%; and
 - □ Reduce death/disability due to **heart disease and stroke** by 5%.
- Accordingly most funded programs focus on nutrition, physical activity, tobacco-free living, and cardiovascular disease interventions
 - No asthma-specific programs awarded to date, but most programs will address "other preventive services"





CTGs: Implementation Questions

- How do CTGs interact with and depend upon the infrastructure created by NACP-funded programs?
- Will asthma become a focus area for CTGs?
- What impact will CTG programs focused on tobacco-free living have on asthma?
- How can NACP support state/community asthma programs in applying for CTG funding?
- Will CTG funding be sustained?



Prevention-focused programs, services and strategies reviewed by CPSTF (published in *Community Guide*) increasingly relied upon by decision makers in communities, workplaces, schools, public health departments and agencies, healthcare systems, non-governmental organizations, and at all levels of government

Community Guide Asthma Recommendations

Home-Based Multi-Trigger, Multicomponent Environmental Interventions		
For Children and Adolescents with Asthma	Recommended June 2008	
For Adults with Asthma	Insufficient Evidence June 2008	



- Will asthma become a priority for future task force review topics?
- Without Community Guide recommendation for adults, how do NACP programs fill a gap in services that may not be implemented at other levels of govt?
- How can evaluations from NACP-funded programs inform future Community Guide recommendations?



Community Health Needs Assessments (CHNAs)

- Nonprofit hospitals must conduct a community health needs assessment (CHNA) once every three years
- Assessing community health needs & adopting strategy to address those needs provides hospitals with opportunity to work together with community partners to identify community health improvement strategies



CHNAs: Implementation Questions

- How can NACP and NACP-funded entities work to assure asthma management/symptom prevention are appropriately measured within CHNAs and subsequent hospital implementation strategies?
- If hospitals identify unmet community health needs related to asthma, how does this alter provision of NACP-funded programs in these communities?



National Quality Strategy's six priorities:

- 1) Making care safer by reducing harm caused in the delivery of care.
- 2) Ensuring that each person and family are engaged as partners in their care.
- 3) Promoting effective communication and coordination of care.
- 4) Promoting the most effective prevention and treatment practices for the leading causes of mortality, starting with cardiovascular disease.
- 5) Working with communities to promote wide use of best practices to enable healthy living.
- Making quality care more affordable for individuals, families, employers, and governments by developing and spreading new health care delivery models.

Quality Measure Development:

- ■HHS, AHRQ and CMS must identify areas where gaps exist in quality measurement reporting & make recommendations on which existing quality measures need improvement, updating or expansion.
 - Recommendations must be consistent with the National Quality Strategy
 - □ Multi-stakeholder groups provide input on the selection of quality measures





Quality Strategy: Implementation Questions

- Do key measurements used to assess national progress in improving quality include measurements of importance to the asthma community?
- Where have NACP programs found gaps in quality measurement and how can evaluations from NACP-funded programs inform this quality-measurement development process?
- What quality improvement agenda for NACP is not met by the quality strategy and related quality measure development?



Patient-Centered Outcomes Research Institute (PCORI)

- PCORI advances research on comparative clinical effectiveness of health care services and procedures "to prevent, diagnose, treat, monitor, and manage certain diseases, disorders and health conditions"
- This research will assist patients, clinicians, purchasers, and policy-makers in making informed health decisions.



PCORI: Implementation Questions

- Can NACP-funded programs inform the selection of PCORI research proposals for funding that attempt to answer specific diagnostic, therapeutic, or health system questions related to asthma research?
- Would an asthma research focus within PCORI impact ongoing NACP research programs?



Health Disparities Data Collection

Ensures that any federally conducted/ supported health care or public health program, activity or survey collects and reports data on race, ethnicity, sex, primary language and disability status of all program recipients/participants



Health Disparities Data Collection: Implementation Questions

- Will data important to asthma disparities research be included?
- Does this data collection at the federal level impact ongoing disparities data collection by NACP-funded entities?



NACP and ACA: Conclusions

- ACA programs may support & strengthen NACP programs, but they do not take their place
- NACP programs can inform ACA implementation
- Implementation of ACA programs may depend upon the infrastructure created by NACP-funded programs

Unanswered Questions: ACA Implementation, Budgetary Challenges & Election Impact

ACA Implementation Timeline

Fall 2012

State selection of exchange & Medicaid expansion plans

2013

State decisions about Medicaid expansion & exchange operation

Oct 2013 CHIP

expansion

Jan 2014
Medicaid
Expansion







Jan 2013

HHS

approval of

state

exchanges







Nov 2012 ELECTION

Jan 2013

Medicaid cvg. of Preventive Services; increased payments to primary care providers

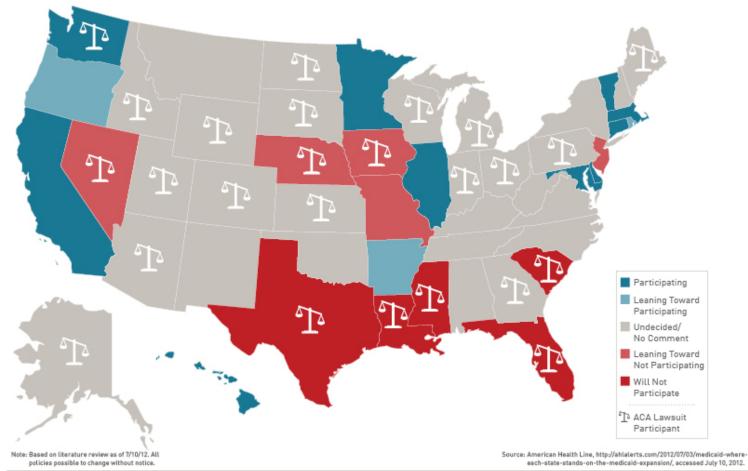
<u>Jan 2014</u>

Exchanges operational



Where the States Stand

Who Will Opt Into ACA Medicaid Expansion?



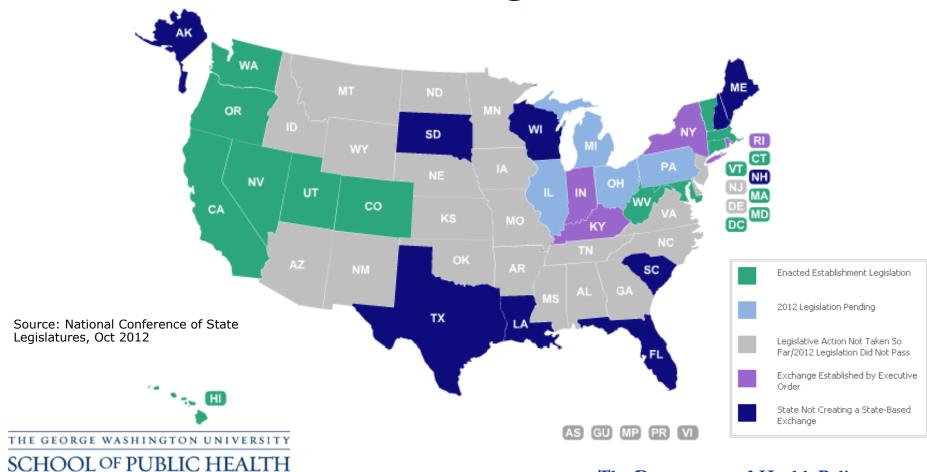


Learn more about the impact of the Supreme Court ruling at advisory.com/MedicaidMap

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State Actions to Address Health Insurance Exchanges



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Unanswered Questions

- Will states elect to expand Medicaid up to 133% FPL?
- What does coverage look like under Medicaid Expansion?
- Will the Supreme Court hear additional challenges to ACA?



Unanswered Questions

- Will benchmark coverage selected by states (and the federal fallback) be sufficient for asthma related prevention and treatment?
- What impact will delivery system reforms (e.g. ACOS, bundling) have on asthma care and community services?



Unanswered Questions

- Millions left uninsured despite ACA. What changes will ACA have on safety net and who cares for those remaining uninsured?
- To what extent will on-going budgetary challenges impact both NACP and ACA implementation?
- How could the November elections impact NACP and ACA implementation?

Questions?

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